

Mountain Shadows Exceptional Kids
INFANT / TODDLER INDIVIDUAL NEEDS & SERVICE PLAN

Feeding: Breast Fed Bottle Fed Cup
Milk/Formula Brand: _____
Time child drinks Breast/Bottle Milk
AM 6 7 8 9 10 11 12 1 2 3 4 5 6 PM
Average amount of ounces per feeding: _____

Time child drinks Juice or Water
AM 6 7 8 9 10 11 12 1 2 3 4 5 6 PM
Average amount of ounces per feeding: _____

Current Diet: Milk/Formula Baby Food
 Soft Table Food Most Table Food Cereal
 Egg Vegetables Meat
 Fruit Products Dairy

Feeding Times:

Breakfast: _____ Lunch: _____

Dinner: _____ Snacks: _____

Amounts:

Breakfast: _____ Lunch: _____

Dinner: _____ Snacks: _____

Child Able to Feed Self: Yes No

Child Able to use:
 Sipper Cup Spoon Fork

Foods/Liquids Child likes: _____

Foods/Liquids Child dislikes: _____

Food Allergies: _____

Schedule of Introduction

Approximate age your child should be introduced to

Food: Puree _____ Semi Solid _____

Chopped _____ Finger Foods _____

Utensils: Sipper Cup _____ Cup _____

Spoon _____ Fork _____

Child uses: Diapers Cloth or Disposable
 Pull up/ Training Pants Potty Chair Toilet

Is child allergic to disposable diapers? Y N

Brand to use: _____

Is Child Allergic to diaper wipes? Y N

Is Child Prone to Diaper Rash? Y N

Ointment to use _____

Schedule of Introduction

Approximate age that you wish to start Toilet
Training your child? _____

Method used to assist in toilet training _____

Sleeping Time child wakes up _____

Time child goes to bed _____

Does child sleep through the night?

No Yes Occasionally

Times of Child's naps _____

Average length of each nap _____

Indications of Sleepiness _____

Child uses:

Blanket Pacifier Toy (describe) _____

Does child need to be rocked to sleep? Y N

Does child cry him/herself to sleep? Y N

If so, for how long? _____

Child sleeps on Back Stomach Side

Any other helpful information on sleeping habits...

General Information

Child is able to...

Hold head up Roll Over Sit up Alone

Sit up w/ assistance Scoot Creep

Crawl Pull self up Walk

Does child use pacifier other than sleeping times?

Y N

Experiences and noises frightening to your child:

Best way to comfort your child _____

Fears you may have having learning your child at our
Center _____

Parent's Signature _____

Date: _____

CHILD'S FAMILY & SOCIAL HISTORY

Family/ Home Environment

Child has:

Stepmother Name: _____

Stepfather Name: _____

Siblings: Names _____ Ages _____

Name/Relationship of other adults besides parent(s) living in the home: _____

Child's favorite activities _____

Child's favorite toy _____

Things child dislikes having done to him/her _____

Parent's Perspective

Describe child's personality, behavior at home.....

Describe discipline used at home _____

Describe any fears your child may have and how you have dealt with them _____

What do you want most out of this Early Childhood experience? _____

Areas of development you want to see emphasized in your child _____

Daily Routines

Eating habits:

Slow eater Selective eater Eats a variety

Favorite Foods _____

Foods disliked _____

Usual eating times:

Breakfast _____ Lunch _____ Dinner _____

Toileting:

Does child verbalize bathroom needs? Y N

Does your child need assistance? Y N

Describe _____

Words child uses for...

Bowel Movement _____ Urination _____

Are bowel movements regular? Y N

Child toilet trained at what age _____

Does child have daytime accidents?

Yes No Occasionally

Does child have nighttime accidents?

Yes No Occasionally

Social

Has child had previous group play/care experiences

Y N

How does child get along with parents? _____

Siblings _____

Other Children _____

Does child have difficulty separating from family?

Yes No Occasionally

How do you handle separations? _____

What languages are spoken at home? _____

Is there anything about your family's culture or religion you'd like to share? _____

Does child have an outdoor play area at home?

Y N

Any neighborhood playmates? Y N

Does child have difficulty sharing? Y N

CHILD'S MEDICAL INFORMATION & DEVELOPMENTAL NEEDS

Medical Information

At Birth Normal Premature Complications Birth weight _____

Has your child had any surgery? Yes No Please explain: _____

Past Illnesses: Please check illnesses that your child has had with approximate dates:

- | | |
|---|---|
| <input type="checkbox"/> Chicken Pox/Date _____ | <input type="checkbox"/> Rheumatic Fever/Date _____ |
| <input type="checkbox"/> Whooping Cough/Date _____ | <input type="checkbox"/> Hay Fever/Date _____ |
| <input type="checkbox"/> Asthma/Date _____ | <input type="checkbox"/> Mumps/Date _____ |
| <input type="checkbox"/> Poliomyelitis/Date _____ | <input type="checkbox"/> Ten Day Measles/Date _____ |
| <input type="checkbox"/> Diabetes/Date _____ | <input type="checkbox"/> Other / Date _____ |
| <input type="checkbox"/> Three Day Measles/Date _____ | |

What physical problems are present at this time? None If yes, please explain in the space provided.

- Respiratory: _____
- Orthopedic: _____
- Seizures: _____
- Visual: _____
- Hearing: _____
- Heart: _____

Allergies: _____ Food Allergies: _____

Food Restrictions: _____

Does child have frequent colds? Y N

Developmental Needs

Check and describe any special developmental needs your child has that we should be aware of or possibly attend to:

- Speech/Language: _____
- Motor Development: _____
- Self Help Skills: _____
- Attention Span: _____
- Emotional Development: _____
- Social Development: _____
- Behavioral Problems: _____
- Other: _____

Is your child currently on, or in the process of being evaluated for, an IEP or an IFSP? Yes No

What diagnosis, if any, has your child received? _____

Age your child...

Smiled _____ Sat up _____ Crawled _____ Talked _____ Walked _____ Fed Self _____

